



WINTER CARE PACKAGE DONATION LIST FOR THE TROOPS PACKAGING DATE IS NOVEMBER 19, 2016

TO OUR FRIENDS:

Please **HELP US** with our Military Care Package Drive! Your generous donation will help support this Project. The Blue Star Mothers of Fredericksburg Non-profit 501c3 organization. Our Tax ID # is 26-4172429

HYDRATION (Individual serving sizes)

Powdered Drink Mixes (Crystal Light, Propel, etc.)
Canned Goods

PROTEINS (Individual serving sizes)

Tuna or Chicken, foil pouches or pull top cans
Beef Jerky
Protein Bars

SNACKS

Granola Bars – Pop Tarts
Top Ramen Noodles – Microwave Soups
Microwave Popcorn – Crackers (individually wrapped)
Dried Fruit Snacks
Hard Candy – Gum – Mints
Nuts of all kinds – Trail Mix – Sunflower Seeds
Hot Chocolate/Oatmeal/Apple Cider

SPECIALTY ITEMS

Coffee (no BEANS)/Duct Tape/Disposable Razors
Zip Lock Brand Bags (all sizes)
Vitamins (chewable)/Cough Drops – Tea Bags
Cough Drops – Stationary, Pens, Paper, White Envelopes
Shaving Cream (no Aerosol can sprays) – Sewing Kits – Nail Files/Clippers
Bug Repellant (no Aerosol can sprays)

Thank you for your support!

HYGIENE PRODUCTS

Shampoo/Conditioner (travel size)
Lip balm – Chap Stick
Mouthwash – Tissues (travel size)
Eye Drops – First Aid
Toothpaste/Toothbrushes/Dental floss
Body Wash/Soap
Q-Tips
Foot Powder
Deodorant (stick only)
Nail Clipper – Nail File
Feminine Hygiene items for Females
Baby Wipes – Hand Sanitizer
Body/Hand Lotion

ENTERTAINMENT

Playing Cards
Crossword Puzzles – Sudoku
Books
Magazines
DVD's

Please do not forget encouraging letters/postcards from home/schools, they love to receive them!!!!

SMALL, INDIVIDUAL, AND TRAVEL SIZES, PLEASE

All donations are greatly appreciated! We will arrange for any and all pick up of item(s).

Blue Star Mothers of America, Inc. – Fredericksburg Chapter VA4 is a Non-Profit 501c3

For more information please contact: Teri R. Reece, President VA4
P.O. Box 91, Fredericksburg, Virginia 22404 www.bluestarmothersva4.org
president@bluestarmothersva4.org Visit Us on Facebook! 540-760-5705