



SUMMER CARE PACKAGES DONATION LIST FOR THE TROOPS

TO OUR FRIENDS:

Please **HELP US** with our Military Care Package Drive! Your generous donation will help support this Project. The Blue Star Mothers of Fredericksburg is a Non-profit 501c3 organization.
Our Tax ID # is 26-4172429

Thank you for your support!

HYDRATION (Individual serving sizes)

Powdered Drink Mixes (Crystal Light, Propel, etc.)
Liquid Water - Energy Enhancer Drops

PROTEINS (Individual serving sizes)

Tuna or Chicken, foil pouches or pull top cans
Beef Jerky
Protein Bars

SNACKS

Granola Bars - Pop Tarts
Top Ramen Noodles - Microwave Soups
Microwave Popcorn
Dried Fruit Snacks
Nuts of all kinds - Trail Mix - Sunflower Seeds
Hard Candy - Gum

SPECIALTY ITEMS

Bug Repellant (no aerosol cans)
Zip Lock Brand Bags (all sizes)
Vitamins (chewable)
Cough Drops
Disposable Razors
Duct Tape

HYGIENE PRODUCTS

Baby Wipes
Lip balm - Chap Stick
Dental Floss
Eye Drops
Toothpaste - Toothbrushes
Body Wash - Shampoo (travel sz)
Q-Tips
Foot Powder
Deodorant (stick only)
Nail Clipper - Nail File
Body Glide - Anti Chaffing Stick
Sunscreen

ENTERTAINMENT

Paperback Books - Magazines
DVD Movies
Crossword Puzzles - Sudoku
Playing Cards

Please do not forget encouraging letters/postcards from home/schools, they love to receive them!!!!

SMALL, INDIVIDUAL, AND TRAVEL SIZES, PLEASE

All donations are greatly appreciated! We will arrange for any and all pick up of item(s).

Blue Star Mothers of America, Inc. - Fredericksburg Chapter VA4 is a Non-Profit 501c3

For more information please contact: Teri R. Reece, President VA4

P.O. Box 91, Fredericksburg, Virginia 22404 www.bluestarmothersva4.org
president@bluestarmothersva4.org

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